JONAS WESAM ZINELDIN

Specialist in general surgery. Available for general surgery anywhere in Sweden and for primary care in zone 2 or 3, through Zinmed AB.

Licence 14 Sep 2017 · Specialist 6 Sep 2023 · Värnamo, Småland, Sweden · Zinmed AB 559150-4070

Inquiries via the form at zinmed.se/en · Updated 2026-09-21 · Full CV

PROFILE

Specialist in general surgery at Värnamo Hospital, with a clinical focus on colorectal surgery, ERCP and thyroid surgery. Chair of the hospital's local trauma committee and the Swedish Medical Association's union representative at the clinic. I have kept general practice alongside surgery since 2018, as a locum at primary care centres from Lessebo to Kiruna. Engaged in patient safety, quality and e-health since medical school: regional process lead for the standardised care pathway for oesophageal and gastric cancer, and a former STRAMA representative. Outside the clinic I build tools that make healthcare, and my own work, easier to keep in order.

RIGHT NOW

CLINIC	**Specialist, Department of Surgery, Värnamo Hospital. Colorectal surgery, ERCP and thyroid surgery.**
LOCUM	**Regular locum work at primary care centres across Sweden since 2018.**
FELLOWSHIP	**Accepted with a scholarship to an ERCP fellowship at Uppsala University Hospital, 30 Nov 2026 – 28 Feb 2027.**
CONFERENCES	**Main organiser of ERCP Days 2027, 23–24 September in Värnamo.**
TRAUMA	**Chair of the local trauma committee, Värnamo Hospital. Member since 2020, chair since 2025.**
UNION	**Swedish Medical Association representative in Värnamo during the surgery department's reorganisation.**

LOCUM WORK 27 assignments · 34 weeks since 2018

2025	Kiruna health centre	wk 50
	Odensbacken primary care, Örebro	wk 49
2024	Kiruna health centre	wk 50
	Läkarhuset Borlänge	wk 23
2023	Karla primary care, Örebro	wk 6, 49–50
	Lessebo primary care	wk 41
2022	Karla primary care, Örebro	wk 19–20, 28, 31, 35, 38, 44
2021	Zätagränd health centre, Östersund	wk 29–32
	Odensala health centre, Östersund	wk 33
2020	Sveg health centre · on call	wk 38–39
	Hedemora primary care	wk 26
2019	Adolfsberg primary care, Örebro	wk 41–42

	Älvdalen primary care	wk 35
	Unicare Mariestad	wk 13
2018	Söderhamn Din health centre	wk 11, 29, 34
	Hudiksvall Din health centre	wk 16, 22
	Unicare Götene primary care	wk 13
	Fjällhälsan Hede · on call, out of hours and weekends	wk 10
2018–2022	KRY · Physician, digital care	

Invoiced through Zinmed AB.

EMPLOYMENT

Sep 2023 – ongoing
Specialist in general surgery
Department of Surgery, Värnamo Hospital
Clinical focus on colorectal surgery, ERCP and thyroid surgery. Drives work on skills retention and efficiency at the department.

Sep 2017 – Sep 2023
Resident in general surgery
Department of Surgery, Värnamo Hospital
Complete specialist training, open and laparoscopic surgery.

Nov 2015 – Sep 2017
Foundation doctor (AT)
Värnamo Hospital

Sep 2015 – Nov 2015
Junior doctor
Department of Medicine, Växjö Central Hospital
Ward work.

Mar 2015 – Aug 2015
Junior doctor
Adult Psychiatry, Växjö
Own outpatient clinic, liaison doctor in the psychological assessment team and the DBT team. Regular night shifts one night a week.

Jun 2014 – Feb 2015
Junior doctor
Department of Paediatrics, Växjö
Mainly first on call in the paediatric emergency department, outpatient clinic and ward work, plus child health services and neonatology.

EARLIER WORK IN HEALTHCARE

Jan 2013 – Jun 2014
Home care
Aleris, Stockholm South
Home visits to clients, mostly elderly: morning hygiene, wound care, medication, nursing and social contact. Liaison between clients and care providers.

Jun 2011 – Aug 2011
Nursing assistant
Karolinska University Hospital, Huddinge
Nursing care, wound dressing, venous sampling, records, mobilisation, social contact.

Jun 2008 – Jan 2013
Hospital cleaner
ISS Facility Services, Uppsala University Hospital
Hygiene cleaning in hospital: patient rooms, offices, intensive care, infectious disease, burn and isolation rooms.

APPOINTMENTS

2025 – ongoing

Working group, regional trauma manual
RAGT, south-east healthcare region
Contributes to a regional trauma manual for the south-east healthcare region.

2025 – ongoing

Chair
Local trauma committee, Värnamo Hospital
Checklists, trauma handbook and training.

2025 – 2027

Main organiser
ERCP Days 2027
National meeting 23–24 September 2027 in Värnamo. Programme, budget and faculty together with Ida Höglund and Torbjörn Eriksson.

2024 – ongoing

Teaching assistant and co-organiser, Basic Laparoscopic Skills (BLS)
Linköping
Co-organiser of the annual Basic Laparoscopic Skills course.

2023 – ongoing

Union representative, Värnamo
Swedish Medical Association (SLF)
Working-environment role focused on dialogue and conditions. Union party in the region's review of the surgery department's organisation and the temporary management structure from autumn 2026.

2023 – ongoing

Regional process lead, standardised care pathway for oesophageal and gastric cancer
Region Jönköping County
Leads and follows the implementation of care pathways under national guidelines.

2023 – ongoing

Project lead, bariatric surgery exchange
Elite Hospital, Alexandria
International collaboration in bariatric surgery: exchange of knowledge, research and methods, with recurring site visits.

2020 – 2025

Member
Local trauma committee, Värnamo Hospital
Checklists, trauma handbook and training.

2017 – 2025

Department representative
STRAMA
Represents the surgery department in antibiotic strategy and infection prevention.

2015 – 2020

Board member, eHealth committee
Swedish Society of Medicine
Development work in eHealth, hearings, conferences and guest lectures; consultation body for government agencies. Bridge between the profession and the authorities.

2013 – 2016

Board member, foundation-training and IT coordinator
Swedish Society of Medicine, student section
Coordinated AT-Beach. Scientific committee, jury for the Asklepios prize. Representative at the national medical congress and at ethics and patient-safety conferences. IT and eHealth coordinator.

2010 – 2011

Board member
IFMSA Stockholm
Work for undocumented migrants' right to equal care. Co-organiser of the Right to Care conference, November 2010.

ACTIVE SIDE PROJECTS

2025 –
Tale Forge AB
Co-founder, co-owner and deputy CEO
Bedtime stories where the child is the hero of their own tale. Finance, contracts and the tools around the app.

2018 –
Zinmed AB
Owner
The company for consulting and locum assignments.

2026 –
ZinOS
Architect and user
A personal AI operating system on my own server: long-term memory across every project, dashboards, and integrations with bookkeeping, budgeting, calendar, mail and the smart home. Automates the administration around the clinic and the company.

2020 –
Trauma manual
Content
Checklists, trauma manual and documentation for Värnamo's trauma committee.

COURSES

Oct 2025
Swedish Burn Course
KMC, Linköping

2024 – 2027
Upper GI surgery course (SÖK)
SFÖAK

Nov 2024
DSTC/DATC
Sahlgrenska

Oct 2018
ATLS
Lund

EDUCATION

2009 – 2014
Medical degree (M.D.)
Karolinska Institutet
Thesis: Borderline Personality Disorder with and without Bipolar Mood Disorder. A study of DSM-IV criteria and SCL-90 scores.

2010 – 2013
Introductory research course for physicians (FoLÄK)
Karolinska Institutet

2010 – 2011
M.Sc. in Medical Engineering (not completed)
KTH Royal Institute of Technology
Parallel to medical school; paused.

2008 – 2009
Dentistry programme
Karolinska Institutet

2007 – 2008
Biology and molecular biology
Uppsala University

2004 – 2007
IB Diploma Programme
Katedralskolan, Uppsala
Science focus. Extended Essay: Testing of catalase activity at different substrate and inhibitor concentrations.

PUBLICATIONS AND RESEARCH

Zineldin, M., Zineldin, J., & Vasicheva, V. Approaches for reducing medical errors and increasing patient safety: TRM, quality and 5 Qs method. The TQM Journal, 26(1), 63–74.

Zineldin, M., Zineldin, J., & Vasicheva, V. Five Qualities (5Qs) and ergonomic approach. Proceedings of the 4th International Conference on Healthcare Ergonomics and Patient Safety (HEPS), Taipei.

Co-organiser of the Carlap study. In 2011 contributed to work on patient safety and quality presented at the Toulon-Verona International Conference on Quality and Service Sciences.

LANGUAGES

Swedish: native · English: fluent, IBO Bilingual Diploma · Arabic: spoken, reading and writing · Spanish: basic

CLINICAL SYSTEMS AND TOOLS

Cosmic, Take Care, SPSS

REFERENCES

References on request.